

2023 Board Break-a-thon Frequently Asked Questions For Schools & Students

What's the Hashtag? #GTMABoardBreak

Who Can Participate?

GTMA Schools by registering your school to participate
Students of registered GTMA Schools by breaking boards
Families/Friends/Community Members of GTMA Schools/Students - but Sponsoring

When?

Select a day that works for you and your school 2023. If possible consider Saturday, *September 9th* - which is World Suicide Prevention Day, or another day in September.

How Long?

Depending on the number of students in your school participating plan on 30-60 minutes.

Sample Schedule:

Have participants arrive/checkin and be ready to go by your posted start time	
5-10 minutes	Welcome Participants & Spectators
10-20 minutes	Break Boards
5-10 minutes	Wrap up - Thank Supporters/Donors, Share any closing details, encourage them to watch local media and your social media for updates on how much your school raised and future community trainings.

Where does the money raised go?

The simple answer; The Leadership Harbor Foundation. The longer answer is we will work to provide resources, tools and trainings in the communities of the participating GTMA Schools. LHF will work with participating schools to identify, plan and provide those resources as requested and as funding/scheduling allows.

How do we handle donations?

Students can collect donations is a handful of ways:

- Cash to be turned in to your school on day of Board Break
- Checks made to: *Your School* (and turned in on day of Board Break)
- Online - they &/or their Sponsors can donate at www.leadershipharbor.org/calm

Schools - following your Board Break send one check or electronic payment to Leadership Harbor Foundation (5730 R Street Suite E, Lincoln, NE 68505).

What about the 2023 Board Break-a-thon T-shirt?

Shirts can be ordered by the school (*bulk order contact chris@leadershipharbor.com*) or individuals at www.leadershipharbor.org/boardbreak

Other Questions - Contact your GTMA School Instructors or email [**chris@leadershipharbor.com**](mailto:chris@leadershipharbor.com)

